



CLEAR CREEK SCHOOLS October 2017 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Bagel/Cream Cheese WG Cereal/WG Goldfish</p> <p>Chicken Nuggets Breadstick WG Sides Potato Rounds Seasoned Carrots Garden Variety Bar Diced Pears Apple Wedges</p>	<p>3 Egg & Cheese Burrito Or WG Cereal/ WG Goldfish</p> <p>Chicken & Cheese Quesadilla Sides Salsa Seasoned Bean Medley Garden Variety Bar Fruit Juice (100%) Peach Cup</p>	<p>4 French Toast /Syrup WG Cereal/WG Goldfish</p> <p>Macaroni & Cheese WG Roll Sides Potato Triangle Tomato Soup Garden Variety Bar Strawberrie Cup</p>	<p>5 Sausage/WG Biscuit or WG Cereal/ WG Goldfish</p> <p>Cheeseburger/WG Bun Sides Seasoned Oven Fries Seasoned Broccoli Garden Variety Bar Fruit Juice (100%) Grapes</p>	<p>6 Cinnamon Roll or WG Cereal/ WG Goldfish</p> <p>The Max Personal Pizza Cheese, Pepperoni Sides Seaoned Green Beans Garden Variety Bar Pineapple Tidbits Cantaloupe</p>
<p>9 Mini-Cinnamon Roll Or WG Cereal/ WG Goldfish</p> <p>Chicken Tenders WG Roll Sides Potato Triangle Seasoned Carrots Garden Variety Bar Mixed Fruit Apple Wedges</p>	<p>10 Egg & Cheese Burrito Or WG Cereal/ WG Goldfish</p> <p>BBQ Pork Pattie/Bun Sides Seasoned Oven Fries Baked Beans Garden Variety Bar Fruit Juice (100%) Peach Cup</p>	<p>11 French Toast /Syrup WG Cereal/WG Goldfish</p> <p>Cheese Garlic Hoagie Sides Potato Gems Seasoned Green Beans Garden Variety Bar Diced Pears Strawberry Cup</p>	<p>12 Sausage/WG Biscuit or WG Cereal/ WG Goldfish</p> <p>Big Daddy's Pizza Cheese, Pepperoni Sides Seaoned Broccoli Garden Variety Bar Fruit Juice (100%) Grapes</p>	<p style="text-align: center; font-size: 1.2em;">13</p> <p style="text-align: center; font-size: 1.2em;">No School</p> <p>Lunch Notes- WG =Whole Grain WW =Whole Wheat We serve Whole Wheat/Whole Grain- Tortillas Pancakes Breakfast & Lunch Rolls We serve Whole Grain Cereal. All Canned Fruit is in Light Syrup or Juice</p>
<p style="text-align: center; font-size: 1.2em;">16</p> <p style="text-align: center; font-size: 1.2em;">No School</p>	<p>17 Egg & Cheese Burrito Or WG Cereal/ WG Goldfish</p> <p>Turkey Hoagie Sides Seasoned Oven Fries Seasoned Bean Medley Garden Variety Bar Fruit Juice (100%) Apple Wedges</p>	<p>18 French Toast /Syrup WG Cereal/WG Goldfish</p> <p>Super Nachos/Chips WG Tortilla Sides Salsa Corn Garden Variety Bar Mixed Fruit Strawberry Cup</p>	<p>19 Sausage/WG Biscuit or WG Cereal/ WG Goldfish</p> <p><i>Baked Chicken</i> <i>WG Biscuit</i> Mashed Potato/Gravy Sides- Seasoned Broccoli Garden Variety Bar Fruit Juice (100%) Cantaloupe</p>	<p>20 Cinnamon Roll or WG Cereal/ WG Goldfish</p> <p>The Max Personal Pizza Cheese, Pepperoni Sides Seaoned Green Bean Garden Variety Bar Pineapple Tidbit Peach Cup</p>
<p>23 Bagel/Cream Cheese or WG Cereal/Goldfish</p> <p>Popcorn Chicken/Roll Sides Potato Rounds Seasoned Carrots Garden Variety Bar Diced Pears Apple Wedges</p>	<p>24 Mini-Waffles/Syrup WG Cereal/WG Goldfish</p> <p>Corn Dog WG Sides Oven Crinkle Fries Baked Beans Garden Variety Bar Fruit Juice (100%) Grapes</p>	<p>25 French Toast /Syrup or WG Cereal/WG Goldfish</p> <p>Cheese Stuffed Breadsticks Sides Tomato Soup Potato Triangle Garden Variety Bar Mixed Fruit Grapes</p>	<p>26 Sausage/WG Biscuit or WG Cereal/ WG Goldfish</p> <p>Spaghetti & Meat Sauce Or Marinara Sauce WG Italian Bread Sides- Seasoned Broccoli Garden Variety Bar Fruit Juice (100%) Cantaloupe</p>	<p>27 Cinnamon Roll or WG Cereal/ WG Goldfish</p> <p>Big Daddy's Pizza Cheese, Pepperoni Sides Seaoned Green Bean Garden Variety Bar Pineapple Tidbit Orange Wedges</p>
<p>30 Mini-Cinnamon Roll Or WG Cereal/ WG Goldfish</p> <p>Chicken Pattie/Bun Sides Potato Rounds Seasoned Carrots Garden Variety Bar Diced Peaches Apple Wedges</p>	<p>31 Mini-Maple Pancakes or WG Cereal/Goldfish</p> <p>Bean & Cheese Burrito Sides Salsa Corn Garden Variety Bar Fruit Juice (100%) Cataloupe</p>	<p style="text-align: center; font-size: 1.2em;">USDA is an equal opportunity provider and employer.</p>	<p style="text-align: center;">Daily Alternate Monday & Wednesday- Ham & Cheese Melt/Bun Tuesday-Dinner Salad/Caesar Chicken/Breadstick Thursday-Baked Potato/Ham/ Cheese / Breadstick Friday- Dinner Salad/Yogurt Parfait/Cheese/Breadstick OR PBJ Sandwich With Cheese Stick or Yogurt All sides are served with Alternate Lunch</p>	<p style="text-align: center;">Lunch Prices-</p> <p><i>Elementary- \$2.65</i> <i>Middle School- \$2.90</i> <i>High School- \$2.90</i></p> <p style="text-align: center;">Breakfast Prices-</p> <p><i>Elementary- \$1.45</i> <i>Middle School- \$1.55</i> <i>High School- \$1.55</i></p>

**Garden Variety Bar- fresh fruits and fresh vegetables.
Students must take a half cup of fruit/vegetable with Lunch and Breakfast.**

Breakfast--Includes entrée choices,
fruit, juice, 1% White Milk or Skim Chocolate Milk
Lunch— Includes choice of entrée with
fruit and vegetable sides,
1% White Milk or Skim Cholcolate Milk.

Clear Creek School District
Breakfast & Lunch
Menu
October

